

(5 Week One on One Coaching Drogram)

Has your relationship fizzled out and are you living more like roommates than lovers?

Is your heart longing to bring the sizzle back into your relationship and create even more trust, connection, and love than ever before?

You desire a new and more loving way of being with each other?

You have had a baby and now navigating the stress of the relationship and a new baby?

Are you in a new relationship and want to build a solid foundation for a happily ever after?

If you have answered <u>YES</u> to any of the following this program may be for you...

- Would you like to bring back the sizzle to your relationship?
- Do you want to deepen your connection and intimacy with your partner?
- Do you want to be heard, seen and felt more deeply in your relationship?
- Do you want clarity, accountability to create what you are wanting next in your relationship?



- Would you love a coach with you every step of the way to support you, hear you, see you and guide you towards having a flourishing relationship?
- Do you want a doable, plan and pathway that continues to get you the results you want in your relationship?
- Do you want to be able to navigate your relationship better and feel safer in your relationship?
- You do want clarity around what you deeply desire and how to have that relationship that your heart has longed for?

This 5 Week Introductory Relationship Program is highly individualized and unique compared to anything out there. It is based on neuroscience, the Developmental Model of Couples Coaching and Positive Psychology; and it works.



It is designed to help you overcome your fears and dread of living in a fizzled out and dead relationship so that you clear a path to step

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into a deeply connected, fulfilling relationship that brings you so much fulfillment.

Today, you will start creating a more soulful and intimate relationship that goes the distance with more play, fun and joy.

	Love Lab ! 3 Pillars:
Pillar #1: Awareness	Together, we will walk through a process of getting really clear on where you are 'stuck' in your relationship, and how to navigate where you are at.
Pillar #2: Clarity	I will show you how to use your map and compass to navigate these uncharted waters of your relationship and set a path towards Rising In Love.
Pillar 3: Align	We set individual goals for you and your partner that are aligned with your new charted course.

Your <u>*Love*</u> <u>*Lab*</u> Includes...

• 3 (each session is 1.5 hours) Couples Coaching Sessions—over Zoom

This is where I meet the both of you together for the first time, in the program. We discuss each of your goals for the relationship, your history via the Couple's Questionnaire, and what you hope to get out the 6 or 12 months of working together.

• 2 (50 min) Individual Sessions—over Zoom

This is our first session together in this program. I will be meeting each of you individually and learn more about you and your relationship through your perspective. Please feel free to share everything and anything, openly with me.

• Assessments, Questionnaires, Handouts, Templates, Forms, Checklists, Quizzes

These tools will help you get you from where you are to where you want to go.

• Weekly Personalized Action Guides

Have a plan of action each week to move you towards your desired relationship goals.







See Investment Below For Programs

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Your *Love Lab* benefits Include...

- Getting 'unstuck' in your relationship.
- Slowly opening your heart and connecting deeper with your partner, even if you feel like roommates right now.
- Shifting old patterns that no longer serve you or the relationship into patterns that move you towards a loving and fulfilling relationship that have been waiting for.
- A step-by-step plan and the life-long tools that will help move you towards what you want in your relationship.
- A deeper sense of happiness and well-being.
- A plan and support so that you and your partner grow more in love, have more intimacy, vulnerability and bring the sizzle back to your fizzled out relationship.
- Better communication that brings you closer together and doesn't push you further away.
- Experiencing greater joy, love, fulfillment and passion in your relationship.
- Avoiding divorce.
- Changing how you as a family do relationship and the future of your children's relationships.
- ...and so much more.

Your *Love Lab* is PERFECT For YOU If...

- You're 100% committed to your success and transformation, create results in your life and the satisfaction that you desire.
- You're open to discovering where you might be "secretly" sabotaging yourself, and discovering more about you.
- You're self-motivated, resourceful, and fast to implement.
- You welcome honest feedback.
- You're truthful, upfront, and transparent in everything you do.
- You're open to NEW EXPERIENCES and improving your physical health and well-being.
- You're ready and willing to do what it takes to be in your best possible relationship.
- You're willing to continue to move forward, even when things feel uncomfortable and challenging.

Your *Love Lab* isn't NOT PERFECT For YOU If...

- You can't keep commitments and have difficulty honoring your word.
- You're defensive about candid feedback and suggestions.
- You're not willing to consistently do the inner work we will be doing together and the outer work necessary to create success.
- You have a tendency to be negative or blame outside circumstances for your results.
- You aren't open-minded to new ideas, concepts, and exercises that might feel weird or uncomfortable.
- If investing in this program would be a financial burden for you and your family.

"Yes, Danyelle, sign me up...my preferred package is marked with an <u>X</u> in the pink circle below..."

Package #1: Love Lab

\$997 One-Time Special FDN Pricing Investment (Normally \$1497)

Payment will be charged immediately upon your acceptance into the program.

Package #2:_*fove_fab*

3 payments of \$397 (paid monthly)

* *I* understand that the *fore fab* is a full 5 week commitment (travel/holidays are exceptions). If, for any reason, I choose not to continue or choose to stop participating, I will continue to be financially liable for the fees of this program.